



www.springvalleynatureclub.org

springvalleynatureclub@gmail.com

Editor: Al Larson

May/June 2019

Letter from the President, Donna Johnson

Spring Is Here!

The event that officially is the harbinger of spring is just around the corner...Spring Valley Native Plant and Heirloom Vegetable Sale is May 19, 2019 10:00am – 2:00pm! Nature Club sponsors the Heirloom Vegetable & Herb Sale and Schaumburg Garden Club hosts the Native Plant Sale www.schaumburggardenclub.org There is still time to preorder your choices from both organizations. Once again, we have partnered with Baker Creek Heirloom Seeds from Mansfield Missouri whereupon Nature Club can take orders from our members and the community for unique heirloom seeds. Please take some time to peruse their wonderful site www.rareseeds.com and choose the varieties you'd like to grow this year. There is no minimum order, just write out the variety, part number and price of each packet then send your check with order to... **Spring Valley Nature Club, 1111 E. Schaumburg Road, Schaumburg, IL 60194** and mark your envelope; **Seed Order Enclosed**. We will continue taking orders through the May Heirloom Vegetable Sale cut off time, please, order early to be assured of getting the varieties you are interested in. Enclosed in this News Leaf is the **2019 Heirloom Vegetable & Herb Sale** order form. Do plan on viewing our revised Heirloom Vegetable & Herb Sale offerings at our website; www.springvalleynatureclub.org to keep abreast of the great new additions to our vast array of sought after veggies and herbs! There will be select packets of Baker Creek Seeds available on the day of sale, too!

May Volunteer/Spring Valley Nature Club Meeting – Wednesday, May 1, 6:00-8:00 p.m.

Program: Scraps of Quilting Music

Join us for a heartwarming one-man show borne from a passion for all things timeless and rooted. Lil Rev, a musician, educator, and storyteller of American roots music and culture, will perform on guitar, mandolin, ukulele, banjo, harmonica and recorder while featuring songs, stories, poetry, and lore derived from personal interviews with elder quilters and historical documents. For all ages. Review upcoming projects will begin at 6 p.m., program to follow at 7pm

Spring Valley Nature Club Meeting – Wednesday June 5th, 2019 7:00 pm.

Join us in welcoming the Butterfly Ladies back to the Spring Valley Nature Club. Last year Carol Johnson showed off the newly built cages and explained what the "Butterfly Ladies" hoped to accomplish. But, never in their wildest imagination did they expect the response the program would receive from the volunteers, public and the butterfly community! Carol, Delores Potter and Judy Wood have been invited to share some of the amazing things the newly recruited volunteers were able to accomplish. You will learn how the program was received by parents and children, the statistics leading to the release of 552 Monarchs and about the group's emergence into scientific endeavors.

The fledgling group was invited to participate in scientific studies conducted by such prestigious groups as the Barrington Conservancy, Field Museum and going forward with two Universities specializing in monarch research. Fun, crazy things happened, and the ladies can't wait to share them with you! New adventures are being planned so come and learn what is in store for their second season. Bring a friend to enjoy the program, refreshments will be served!

Spring/Summer Happenings at Spring Valley – 2019

Visit www.parkfun.com for more information or call the Nature Center at (847) 985-2100.

National Start Seeing Monarchs Day – Saturday, May 4, 10 a.m.-2 p.m.

Join Schaumburg Monarch Initiative volunteers at the start of the 2nd season of raising monarch butterflies and educating the public about these iconic insects. Although monarch butterflies will not likely return to our area until later in May, come out to learn about monarchs, learn how you can help support the group's efforts, and take home some free milkweed and zinnia seeds while supplies last.

Spring Beer Garden – Friday, May 24, 4:30 – 7:30 p.m.

This year, the Heritage Farm will be offering a traditional German 'biergarten' once each month. Bring the family out for a picnic dinner (bring your own), backyard games, pretzels, and of course – beer! Soft drinks will be available as well for the kids. Admission is \$5 and gets you a reusable glass and a pretzel. Beer and soda are available for purchase.

Native Plant & Heirloom Vegetable Sale – Sunday, May 19, 10 a.m. – 2 p.m.

This event features an extensive heirloom herb and vegetable sale sponsored by Spring Valley Nature Club, and native plant sale sponsored by the Schaumburg Community Garden Club. Extension Service Master Gardeners will be on hand to answer plant questions. Admission is free! Folks who have pre-ordered plants will be able to pick them up at this event or on Saturday, May 18 from 11 a.m.-1 p.m. Those who missed (or forgot) the pre-sale will find plenty of plants available for purchase at the event!

End of School Campfire – Saturday, June 1, 7:30-9 p.m.

Start summer with a family campfire behind the Nature Center! Bring a camp/lawn chair or a blanket; we'll provide the blazing fire, marshmallows for roasting, and wagon rides. Supplies to make s'mores will be available for purchase. Admission is \$2/person; children 3 and under admitted free. Sponsored by the Spring Valley Nature Club.

Bargain Bulb & Plant Sale – Saturday, June 1, 10 a.m. – 2 p.m.

This annual Schaumburg Community Garden Club plant sale features not only left-over plants from the Native Plant Sale, but other garden perennials AND tulip bulbs recently dug from Park District garden beds at really great prices!

Heritage Farm Drop-in Thursdays – June 6 & June 27, 10 a.m.-noon

Stop in anytime during the scheduled hours to experience a unique aspect of history and walk away with a treat! June 6 is Pop in for Popcorn and June 27 is Pretzel Possibilities. There is a \$3 charge per person.

Heritage Farm Local Market Day – Saturday, June 15, 9 a.m.-noon

Visit the Heritage Farm's Museum Store to purchase locally grown or created items, including farm fresh eggs, locally raised meat and cheese, farm produce, and hand-crafted items.

Spring Valley Country Fair – Saturday & Sunday, June 22 & 23, 12 – 4 p.m.

Experience the charm of a rural community fair during the late 19th century! Visitors can mingle with the historically-attired attendees, find out who has won a blue ribbon in the livestock tent, listen to a travelling medicine man hawk his wares, enjoy live music, or play historic games. Food and beverages will be available for purchase. FREE admission. This event is sponsored by the Spring Valley Nature Club!

Horse-drawn Wagon Rides at the Farm

Every Saturday and Sunday from April through October, AND on Wednesdays and Fridays during June-August, visitors can take a narrated tour of the Heritage Farm via horse-drawn wagon. Rides are offered between 12 and 2:30 p.m., with tickets being available on a first-come, first-served basis. Tickets are \$4/rider and can be purchased at the Farm Visitor Center. Kids 3 and under are free!

Spring Valley's Dreamer

Before there was man there was tall grass.
And its roots sunk deep into the earth
And its proud stems reached up towards the pale blue prairie sky.
Wild forbs splashed it in color.
And it stood against the sharp winds, the pounding hooves, and the fierce prairie fires.
Before there was Spring Valley there was a dream.
And it shone and twinkled and burned in the eyes of a man.
He was the one who brought it down from the mountain.
He was the one who forged it, shaped it, and made it real.
Something that people could feel. Could touch. Could see.
He was the one who took the promise of yesterday, and wrapped it up, with all of us in it.
To give as a gift to tomorrow.
Spring Valley is Ellsworth Meineke's dream.
And we are all part of it.
And as much as we are a part of Spring Valley, Ellsworth Meineke is a part of us.
"El" used to say that it would take 200 year to complete the Spring Valley dream.
It may.
And "El" will still be there.

Al Larson

Planning Your Heirloom Vegetable & Herb Garden!

The snow has been falling and the cold winds are blowing but, in no time at all it will warm up and be spring! Planning ahead can make all the difference in getting the right start on your garden. Ah those organic radishes, fennel, beets and chard, what an incomparable delight! Remind yourself about those luscious tomatoes and the crisp cukes and delish veggies of all types. For the cost of a few dollars' worth of seeds and plants you can reap hundreds of dollars' worth of fabulous organic vegetable and herb treats!

Within this newsletter you will find our Heirloom Vegetable & Herb Sale order form. Take some time to look at all those luscious offerings They will all be available for preorder and pick up at the **Heirloom Vegetable and Herb Sale May 19, 2019**. When picking up your preorder on the day of sale, be sure to take a look at the **surprise** specials that are not on the order form. Just the adventure for the daring gardener!

Reflect on the varieties of veggies and tomatoes you have grown in the past, were they what you expected, do you want to grow them again? Looking for something new? Now is the time to check Baker Creek Heirloom Seed Catalogue or online at www.rareseeds.com and see what items interest you; we will place a group order and have your seeds for you at the proper planting time this spring.

We have a unique arrangement with Baker Creek Seeds of Mansfield Missouri whereupon our members and friends can submit their seed order and check made payable to Spring Valley Nature Club! Mail to Spring Valley Nature Center 1111 E Schaumburg Rd Schaumburg IL 60194 and mark the envelope "Seed Order Enclosed". Nature Club will place a group order when we have a qualifying amount. Please note you do not need to be a member of Nature Club to place an order with us. You will be notified as to when you can come to pick-up your seeds. As a courtesy from Baker Seeds we do not pay a handling charge and Nature Club gets a special rate allowing the club to derive a profit from all the seeds that we purchase.

Please continue your loyalty to our cause, it is with support from our members and friends of Spring Valley, that we can assist the Spring Valley Nature Center in its educational and environmental efforts to provide programs for the community. Thank you.



View images and descriptions of all plants at www.springvalleynatureclub.org

Spring Valley Nature Center 1111 E Schaumburg Road (847) 985-2100

Sunday, May 19, 2019 - 10:00AM – 2:00PM -- Order Form 2019

Page 1

<u>Tomatoes</u>	Price	Qty	Total
1000-Aunt Ruby's German Green – Heirloom very sweet 1-2lb pale green 85 days	\$4.00	_____	_____
1002-Brad's Atomic Grape – New introduction Very colorful grape tomato 75 days	4.00	_____	_____
1005-Big Rainbow – Heirloom very juicy 1-2lb gold bi-colored fruits 82 days	4.00	_____	_____
1010-Black Cherry – Heirloom sweet robust flavor 65 day burgundy colored 65 days	4.00	_____	_____
1012-Box Car Willie – Heirloom reddish-orange very prolific old fashioned flavor 80 days	4.00	_____	_____
1015-Brandywine - Heirloom connoisseurs favorite 1lb fruit 85 to 90 days	4.00	_____	_____
1022-Carnival – Hybrid impressive early ripening beefsteak type prolific 68 days	4.00	_____	_____
1025-Cherokee Purple - Heirloom dusky purple pink superb flavor very large fruit 80 days	4.00	_____	_____
1030-Great White - Heirloom white very large 1lb unique very sweet taste 83 days	4.00	_____	_____
1035-German Johnson–Heirloom large 1lb pinkish red very few seeds 76 days	4.00	_____	_____
1037-Indigo Apple-Hybrid deep purple highest in antioxidant of any tomato 55 days	4.00	_____	_____
1040-Kellogg's Breakfast - Heirloom very flavorful superbly sweet yellow low acid 80 days	4.00	_____	_____
1042-Lucid Gem – New intro. Vivid orange 5oz. beefsteak juicy marbled flesh 80 days	4.00	_____	_____
1045-Mortgage Lifter-Heirloom sweet rich flavored pink large 1lb crack free 80 days	4.00	_____	_____
1055-Orange Oxheart- Heirloom orange heart shaped delicious 1 lb low acid 90 days	4.00	_____	_____
1060-Patio–Hybrid dwarf 2' tall no staking 4oz fruit great in containers 70 days	4.00	_____	_____
1064-Pinapple-Heirloom yellow /red streaked flesh super sweet 2lb 78 days	4.00	_____	_____
1065-San Marzano-Heirloom Italy's famous best tomato for sauces & cooking 65 days	4.00	_____	_____
1070-Sun Sugar – New Introduction extra sweet yellow cherry good in containers 60 days	4.00	_____	_____
1072-Sugary-Hybrid super sweet grape tomato large yields good for containers 60 days	4.00	_____	_____
1074-Sweet 100-Hybrid very productive bearing long trusses of small sweet cherries 60 days	4.00	_____	_____
1075-Tumbling Tom -Hybrid cherry great in containers & hanging baskets 55 days	4.00	_____	_____
<u>Vegetables Fruits</u>			
2002-Celeriac-Heirloom hardy large root has sweet crisps celery flavor good keeper 80 days	4.00	_____	_____
2003-Cucumber-Hybrid bush type short vines full sized cukes can grow in containers 57 days	4.00	_____	_____
2005-Eggplant – Fairy Tale Japanese type 5" x 1" Striped delicious pale lavender 50 days	4.00	_____	_____
2008-Fennel Heirloom – Florence bulbing type delicious raw or cooked 90 days	4.00	_____	_____
2015-Kale Lacinato – Heirloom Tuscan cold tolerant salads & cooked greens	4.00	_____	_____
2020-Kale Green Curled- Cold tolerant tender & refined attractive in containers	4.00	_____	_____
2025-Lettuce Heirloom – Devils Ear frieze red tinged butter head 75 days	4.00	_____	_____
2030-Leeks – Sweet & mild gourmet onion family for stew, soup, egg dishes 75 days	4.00	_____	_____
2034-Parsley Root-Heirloom tops used as parsley, roots used in soups & stews	4.00	_____	_____
2045-Pepper – Chocolate Beauty sweet bell great color & flavor 70 days	4.00	_____	_____
2055-Pepper- Lady Bell Red Sweet uniform shape very prolific 71 days	4.00	_____	_____
2060-Pepper Heirloom– Sweet Banana mild yellow turn red 6" 72 days	4.00	_____	_____
2062-Pepper–Jalapeno serve stuffed with seafood, meat, poultry or cheese	4.00	_____	_____
2065-Pepper – Thai Hot Very hot Asian pepper	4.00	_____	_____
2070-Pepper – Valencia Orange Sweet bright color intense full flavor 70 days	4.00	_____	_____
2080-Swiss Chard – Bright Lights multicolored stems delicious steamed	4.00	_____	_____
2500-Goji Berry – Orange/Red berries Vitamin & antioxidant rich Gal. Shrub	14.00	_____	_____
2505-Gooseberry – Sweet/Tart delicious fruit Gal. Shrub	14.00	_____	_____
2510-Honeyberry Indigo Gem – Super fruit high antioxidant & vitamin C Gal. Shrub	14.00	_____	_____
2515-Honeyberry Indigo Treat – Blue berries high antioxidant & vitamin C Gal. Shrub	14.00	_____	_____
2520-Lingonberry – Red tart fruit for jam pink flowers Gal. Shrub	14.00	_____	_____
2523-Ground Cherry - The size of a cherry tomato, with a flavor of pineapple and tomato	6.00	_____	_____
2525-Strawberry Rainbow Treasure – Ever bearing w/red flowers	6.00	_____	_____

TOTAL PAGE 1 _____

Spring Valley Nature Club's Heirloom & Herb Order Form 2019

<u>Herbs</u>	Price	Qty	Total
3000-Basil Genovese-Heirloom favorite "sweet basil" bold full flavor Annual	\$4.50	_____	_____
3001-Basil Red Rubin- Intense deep purple leaves holds its color all season Annual	4.50	_____	_____
3003-Basil Perpetuo – Intense basil aroma & flavor decorative variegated leaves Annual	4.50	_____	_____
3005-Basil Thai Siam Queen- Decorative and delicious anise flavor Annual	4.50	_____	_____
3015-Borage- Cucumber flavored leaves blue flowers used as edible garnish Annual	4.50	_____	_____
3020-Chives- Snip leaves for salads & garnish clump forming Perennial	4.50	_____	_____
3022-Chamomile-Soothing aromatic, for tea,potpoutti & spa use Perennial	4.50	_____	_____
3025-Chervil- Licorice flavor great on potatoes, fish & chicken Annual	4.50	_____	_____
3027-Cilantro flavor favorite for salsa & Asian cuisine Annual	4.50	_____	_____
3031-Dill Fern Leaf delightful pickle herb great on fish & cooked beets & potatoes Annuals	4.50	_____	_____
3035-Fennel – Bronze ornamental & delicious anise flavor on fish & vegetables Annual	4.50	_____	_____
3040-Horseradish – Heirloom zesty hot root for condiment young leaves for salad Per.	4.50	_____	_____
3045-Lavender Provence – Use in sachets & potpourri, ingredient in "herbs de Provence"	4.50	_____	_____
3050-Lemon Grass – Lemon flavoring essential in Thai cooking Tender Perennial	4.50	_____	_____
3051-Lemon Verbena-Intense lemon flavor for tea & drinks, fragrance for potpourri Annual	4.50	_____	_____
3055-Lovage- Celery & anise flavored leaves entire plant edible Perennial	4.50	_____	_____
3060-Marjoram Sweet – Delicate oregano like flavor great on fresh tomatoes Annual	4.50	_____	_____
3070-Mint Mojito- Delightful warm mint flavor great for mulling in drinks Perennial	4.50	_____	_____
3074-Oregano Greek-The original flavor for Italian & Mediterranean fare Tender Perennial	4.50	_____	_____
3075-Oregano Hot & Spicy - Intense flavor for pizza & spaghetti sauce Perennial	4.50	_____	_____
3080-Parsley Italian flat leaf - Leaves for garnish & tempura frying Biennial	4.50	_____	_____
3082-Rosemary-Spicy woody herb great for chicken & Mediterranean fare Tender Perennial	4.50	_____	_____
3083-Sage-Savory herb used in stuffing soups & Mediterranean dishes Perennial	4.50	_____	_____
3084-Pineapple Sage- Fruity addition to teas, fruit garnish hummingbird magnet Annual	4.50	_____	_____
3085-Savory Winter- Ingredient in "herbs de Provence" for meat & bean dishes Perennial	4.50	_____	_____
3090-Sorrel- Red Veined tart flavor great accent in soups and salads very ornamental Per.	4.50	_____	_____
3093-Stevia – Sugar plant non caloric sweetener use fresh or dried Annual	4.50	_____	_____
3095-Sweet Annie- Fragrant and attractive used in wreaths, potpourri, and sachets. Annual	4.50	_____	_____
3101-Sweet Woodruff- Fragrant flowers for potpourri and room freshener Perennial	4.50	_____	_____
3102-Thyme English-Most familiar thyme used in soups stews & roasts Perennial	4.50	_____	_____
3105-Thyme Silver Edge- Ornamental use in "Bouquet Garni"& "herbs de Provence" Per.	4.50	_____	_____
3110-Thyme Spicy – Orange flavor great with chicken, fish, salads and tea. Perennial	4.50	_____	_____
3111-Thyme Variegated Lemon-Very decorative rich lemon flavor Perennial	4.50	_____	_____

Baker Creek Heirloom Seeds - Order Sheet www.rareseeds.com

After completing Baker seed order form "print it" and attached to this form

Do not mail to Baker Seed, we place a group order to save handling charges

TOTAL PAGE 2	\$ _____
TOTAL PAGE 1	\$ _____
Use this line for your seed order total -----> BAKER SEEDS	\$ _____
PAGE 1 + PAGE 2 + BAKER SEEDS ORDER =	GRAND TOTAL \$ _____

NAME _____ TELEPHONE _____
 STREET _____ STATE _____ ZIP _____
 CITY _____ E-MAIL _____

Mail to Spring Valley Nature Center 1111 E. Schaumburg Road Schaumburg, IL 60194
 Checks payable: Spring Valley Nature Club - Mark Envelope: Nature Club Order Enclosed
 Preorder cutoff May 11, 2019 ---- Order Pick Up is Sunday May 19, 2019
 Quantities limited to avoid disappointment order early to assure availability.
 Questions? Contact Spring Valley Nature Club: springvalleynatureclub@gmail.com
Thank you for your support of the Spring Valley Nature Club

1974 And Beyond

Spring Valley began as a dream by one of the founders of the Village of Schaumburg, Ellsworth Meineke. Early on he referred to it as “The Spring Valley Dream.” It was he who convinced the Schaumburg Park District and the Village of Schaumburg to work together to acquire and preserve land for Spring Valley. Ellsworth founded the Spring Valley Nature Club in 1974 as a not-for-profit service organization which provides volunteer and financial support for Spring Valley and promotes conservation, nature, and environmental education. The Club sponsors nature programs and teacher field trips, and members volunteer at festivals and fund raisers. We have been working hard since 1974. Won’t you join us?

These words reflect the dedication that the founders felt for the purpose of the Club and the love of the natural world around us. Since the Schaumburg Park District assumed the responsibility of recruiting volunteers, Nature Club’s purpose has evolved to share its love of Spring Valley by offering timely programs that reinforce a more wholesome lifestyle. We have initiated monthly educational programs that instill a comprehension of our ability to lessen our carbon footprint by reducing waste, recycling and reusing our valuable resources. Our monthly programs enlighten us to appreciate our environment and respect its fragile beauty.

We have lessened our impact on landfill waste by eliminating the mailing of our bimonthly News Leaf. We are encouraging members to attend educational programs which teach us the importance of the wildlife around us, the art of using our natural resources wisely and being more self-reliant by advising how to live a more wholesome lifestyle, grow and live more organically and become more self-sufficient.

With the kind donations and assistance from local merchants and organizations, we can exist more ecologically by shopping locally. Some of the wonderful supporters and contributors to the club have been, Roselle Ace Hardware for their support in offering a discount coupon for purchases at their location; Schaumburg Park District for the 1-day Fitness Pass; Platt Hill Nursery for their support and discount coupon at their garden centers; Holistic Art Studio for their discount coupon; Skincare by Carmela for their discount on services.

Our wonderful supporters have given us a way to lessen our footsteps by offering valued products and services at discounted prices while saving our energy dollars by reducing the number of miles we travel. Please support our supporters. With their help, we have been successful in raising additional funds to sponsor educational programming for our Club members, Spring Valley Volunteers, and school children and teachers from our community. We have supplied funds for books for Spring Valley’s Library and have sponsored various free to the public programs and events that the Nature Center has offered.

Thanks to you all, and especially our valued Members and Supporters of Spring Valley Nature Club!

Please take time to review all the wonderful benefits we are offering to our members with their Nature Club membership. Won’t you join us?

Spring Valley Nature Club is a 501(c3) organization and contributions may be tax deductible. Check with your tax advisor.

Spring Valley Nature Club 2019 Membership Rates

To show our appreciation for our members' loyalty, we have come up with special benefits for all members.

“Discount Coupon Packet” This packet will include certificates and coupons for various merchants, i.e. Holistic Health Studio (massage discount), Schaumburg Park District (1-day Fitness Pass), Roselle Ace Hardware (discount on purchase), Platt Hill Nursery (discount on purchase), Chick-Fil-A (Free Sandwich - Schaumburg Stores only), Skincare by Carmela (Discount on Services)

Special Benefit; An invitation to the Spring Valley Volunteer/Meineke Award Picnic on the first Friday in August. A postcard will be sent to current members in good standing by mid-July asking for an RSVP.

Free Entry to the Nature Club Programs: Allows you to attend any or all ten Spring Valley Nature Club monthly meetings and educational programs from February through November where you can enjoy some refreshments and camaraderie with fellow supporters of the Nature Club and the Spring Valley Volunteers.

Membership Card & Bi-monthly News Leaf: Identifies you as a supporter of the Nature Club's efforts.

Life Membership: In addition to the above items, this membership includes a Nature Club Commemorative Fleece Throw (\$35.00 value); this fleece throw is for **New Life Memberships Only.**

Current Life Members are eligible for the Discount Coupon Packet. Donations appreciated and help our cause.

Family Fun Membership: In addition to all the standard items above, this membership category includes a Spring Valley Annual Family Pass (\$120.00 value) to be used for a 15% discount on most Spring Valley Programs; 10% Discount on Summer Camps and Birthday Parties; 15% discount on Honey & Gift Shop purchases at Spring Valley and free admission to all Spring Valley events. **Including the Pancake Breakfast!** (The discounts do not apply to the Solstice Hop & Vine or the Haunting in the Valley.)

Your Membership Packet needs to be picked up in person at the Spring Valley Nature Center 9:00 – 5:00 daily. Any member may have the membership package mailed to them for a handling fee of \$2.00

Yearly Memberships Begin February 1st through January 31st

Senior 55 Plus	\$10.00
Individual	\$15.00
Family	\$25.00
Supporting	\$35.00
Family Fun Membership	\$120.00
Life	\$150.00
Sponsor	\$1000.00

Senior - Individual – Family – Supporting -- Family Fun -- Life -- Sponsor

Name _____

Address _____ City _____ St _____ Zip _____

Email _____ Phone _____

Checks should be made payable and mailed to:
Spring Valley Nature Club - 1111 East Schaumburg Road, Schaumburg, IL 60194