

www.springvalleynatureclub.org

springvalleynatureclub@gmail.com

Letter from the President, Donna Johnson

**May/June 2025** 

### **Time to Plant Your Garden!**

Spring Valley Nature Club Presents

## Heirloom Vegetable & Herb Sale

Heirloom Vegetable & Herb Sale order form. Look and see if there are items that pique your interest. Click on our website, <a href="https://www.springvalleynatureclub.org">www.springvalleynatureclub.org</a> for fast efficient electronic ordering.

Order cutoff date May 9, 2025

Spring Valley Nature Club Heirloom Vegetable & Herb Sale
May 17<sup>th</sup> & 18<sup>th</sup> 2025 both days from 10AM – 3PM
Spring Valley Nature Center
1111 E Schaumburg Rd.
Schaumburg IL 60194

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# Spring Valley Nature Club & Volunteers Meeting Wednesday May 7<sup>th</sup>, 2025, 6:00PM Refreshments. Spring Valley Nature Center

# Pollinators in Your Preserve: Monitoring for the Future Wednesday, May 7, 7:30 p.m.

**Special Free Presentation at Spring Valley Nature Center** 

Please join us as Dan Sandacz, Restoration Ecologist with the Lake County Forest Preserves, shares information on the threats faced by native bees and other pollinators. The Lake County Forest Preserve District ecologists began monitoring the relationships between plants and pollinators in 2023 as part of their overall ecological monitoring efforts. Dan will discuss Pollinator Monitoring Program and how the ecologists use the results of monitoring efforts to inform restoration and conservation strategies. Throughout the presentation he will discuss native bee diversity, ecology, and native landscaping recommendations to support pollinator habitat.

Note: program will begin following the Nature Center's Spring Volunteer Meeting. For more information, call (847) 985-2100.

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Spring Valley Nature Club Meeting Wednesday June 4<sup>th</sup>, 2025, 7:00PM Spring Valley Nature Center

"Tales of Doves and Pigeons"

Kim White "The Natural Naturist" presents the Tales of Doves and Pigeons.

A fascinating program featuring live Doves & Pigeons. Learn the history and significance of releasing birds on special occasions and about homing instincts that will amaze all. A very special program, bring a friend, refreshments will be served.

Spring Valley's grounds and facilities will remain on 'summer' hours from May through October. We continue to offer a full schedule of family, youth, and adult programs.

- · Spring Valley's grounds and walking trails are open for walkers every day from 8am-8pm.
- · Additional parking at St. Matthew Catholic Church will be available throughout the summer months. The gate leading onto Heritage Farm's walking paths from St. Matthew will be opened each morning at 8am.
- The Nature Center Museum is open to visitors daily from 10am-6pm.
- · Volkening Heritage Farm's buildings are open Wednesday-Sunday from 10am-4pm. NOTE that due to renovation of the Visitor Center continuing into May, the reception desk and Museum Shop have temporarily moved into the farmhouse. All parking for farm visitors is at St. Matthew Church during construction. The reopening of the new facility is anticipated in late spring.
- · Bison's Bluff Nature Playground will remain open daily from 10am-8:00pm throughout the summer, except during stormy or rainy weather. Admission for all children ages 2-12 entering the nature playground is \$2 for residents or \$3 for non-residents. One hour play sessions and maximum capacities will be maintained by staff on busy days in order to ensure a quality play experience for all.
- Spring Valley has two picnic shelters available for private rental. These are located just east of the Nature Center parking lot and near Merkle Cabin. Requests for rentals need to be submitted at least two weeks in advance. Rates are based on residency.
- · Volunteers continue to assist with outdoor conservation projects, trail maintenance, and with our events and programs. If you are willing and able to assist with projects, please contact Jeff Pal at jepal@parkfun.com.

**NEW – Spring Valley App** 

Staff maintains a site-use app for use on either Android or Apple smartphones. It features not only information on hours, site features, and facilities, but two guided tours that provide information on various natural history or historical topics as you walk the trails. The app is FREE and available from either the Google Play Store or Apple Store (simply type Spring Valley Nature Center into the search bar). It is also available as a web-app by going to www.springvalley.stqry.app.

**Spring/Summer Events & Programs** 

NOTE: On-line pre-registration is required for most Spring Valley programs; however, most events do not require pre-registration.

Nearly all classes have limited capacity. More information and on-line registration are available within the Park District's virtual Program Guides for spring and summer, found at www.parkfun.com.

Pollinators in Your Preserve: Monitoring for the Future – Wed., May 7, 7:30 p.m.

**Special Free Presentation at Spring Valley Nature Center** 

Please join us as Dan Sandacz, Restoration Ecologist with the Lake County Forest Preserves, shares information on the threats faced by native bees and other pollinators. The Lake County Forest Preserve District ecologists began monitoring the relationships between plants and pollinators in 2023 as part of their overall ecological monitoring efforts. Dan will discuss the Plant-Pollinator Monitoring Program and how the ecologists use the results of monitoring efforts to inform restoration and conservation

strategies. Throughout the presentation he will discuss native bee diversity, ecology, and native landscaping recommendations to support pollinator habitat.

Note: program will begin following the Nature Center's Spring Volunteer Meeting.

Mother's Day Celebration – Sunday, May 11, 12:00-3:00pm

Bring the kids to Heritage Farm to create a handmade flower gift for mom, and then spend some time enjoying the grounds and trails. Park at St. Matthew Church, following the signs to the farm. Admission is free!

Native Plant & Heirloom Vegetable Sale - Sat. & Sun., May 17 & 18, 10:00am-4:00pm

Stock up on heirloom vegetables and herbs for your garden at Spring Valley's annual sale! Preordered plants can be picked up and additional plants purchased from the Nature Club. Held in front of the Nature Center.

How Much was That? - Sat. & Sun. during May, 10:00am-4:00pm

The staff at Heritage Farm will provide unique opportunities to experience local history at Spring Valley during the month of May. See if you can guess how much common items used on the farm cost during the 1880s. FREE program requiring no registration.

Log Cabin Open House - Sun., May 25, 12:00-3:00pm

Learn about Schaumburg in the 1920s, when John Redeker built his log cabin at Spring Valley. The Redeker peonies should be starting to bloom at this time as well! FREE program requiring no registration.

End of School Campfire – Friday, May 30, 6:30-8:30PM

Start your summer with a family campfire at the Nature Center. Enjoy roasting marshmallows or s'mores while playing some campfire games and then hop on the tractor-drawn wagon for a short ride. Admission is \$6/person.

Rhubarb Fest - Sunday, June 1, 12:00-2:00pm

Celebrate this delicious, tart plant at Spring Valley's 3rd annual Rhubarb Fest! Visit the historic farmhouse to learn a little about the plant's history and see the many uses of this versatile cooking vegetable. A variety of indulgent sweets will be offered in the Museum Shop as well as a limited supply of rhubarb plants for purchase. Free admission for all ages!

German Beer Garden & Concert – Sat., June 28, 4:00-7:30pm

A hallmark of many German communities in early America was the biergarten or beer garden, a celebration of family, community, and ethnic pride. Bring a picnic dinner, play backyard games, and enjoy a relaxing evening outdoors enjoying music by Harper Back Porch Review. This local collection of musicians will be playing old-time traditional music. Local craft beer and soda, bratwurst, pretzels, and dill pickles will be available for purchase. Park at St. Matthew Church, following signs to the Heritage Farm entrance. The event will take place at Merkle Cabin, with a wagon shuttle transporting near to the Cabin. Event runs rain or shine. Admission is free! This is the first of three monthly summer Beer Garden events at Merke Cabin.

Additional programs are being offered through July and August – visit the virtual Summer Program Guide to learn more

Spring Valley Nature Center 1111 E Schaumburg Road (847) 985-2100 Saturday/Sunday, May 17–18, 2025- 10:00AM – 3:00PM Form 2025	Price	Qty	Total
<u>Tomatoes</u>			
·	\$4.50		
1000-2 Ananas Noire- Multi-colored fruit 1.5 pounds. bright green w/red streaks. 90 day	4.50		
1000-3 Apricot Zebra- Stunning, richly tangerine-colored cherries. 65 days	4.50		
1000-Aunt Ruby's German Green – Heirloom very sweet 1-2lb pale green 85 days	4.50		
1002-Brad's Atomic Grape – Uniquely colorful grape tomato 75 days	4.50		
1003-Berkeley Tie Dye Green-A kaleidoscope pattern on this amazing tomato 70 days	4.50		
1004-Berkeley Tie Dye Pink-Plant produces beautiful 8–12-ounce fruit 70 days	4.50		
1005-Big Rainbow – Heirloom very juicy 1-2lb gold bi-colored fruits 82 days	4.50		
1006-Belgium Giant- This pink 1 1/2 to 2 lb. tomato is sweet and very mild. 90 days	4.50		
1007-Black Strawberry- This 2-ounce fruit is marbled in purple, pink, green, and gold. 60	4.50		
1008-Black Beauty- Dark meaty, extraordinarily rich fleshed, high in anthocyanin 80 days	4.50		
1009-Black Krim- Heirloom from the black sea of Russia. Indeterminate 75-90 days	4.50		
1010-Black Cherry – Heirloom sweet robust flavor burgundy colored 65 days	4.50		
1011-Blue Cream Berries- Perfect for snacking or salads, yellow w/blue shoulders 75 day	4.50		
1012-Box Car Willie – Heirloom reddish orange very prolific old-fashioned flavor 80 days	4.50		
1015-Brandywine - Heirloom connoisseurs favorite 1lb fruit 85 to 90 days	4.50		
1022-Celebrity – Hybrid impressive early ripening beefsteak type prolific 68 days	4.50		
1025-Cherokee Purple - Heirloom dusky purple & pink superb flavor very large fruit 80	4.50		
1027-Chocolate Cherry- These luscious treats are perfect for salads 70 days	4.50		
1028-Chocolate Pear- Nearly black pear-shaped tomatoes. 70 days	4.50		
1029-Chocolate Sprinkles A striped grape tomato that's as wonderful as its name 70 days	4.50		
1030-Great White- Heirloom white very large 1lb unique very sweet taste 83 days	4.50		
1035-German Johnson-Heirloom large 1lb pinkish red very few seeds 76 days	4.50		
1036-German Pink- Deep pink beefsteak sweet flavor 10-16 oz 78 days	4.50		
1037-Indigo Apple-Hybrid deep purple high in antioxidants. 55 days	4.50		
1038-Honey Delight- Four-ounce yellow fruits will light up the garden and your palate 85	4.50		
1039-Jersey Devil- Perfect for bright red, robust sauces as well as for fresh eating. 90 day	4.50		
1040-Kellogg's Breakfast - Heirloom very flavorful superbly sweet yellow low acid 80 day	4.50		
1042-Midnight Snack- Nice balance of sweet & savory flavor, eat fresh off the vine 78	4.50		
1044-Money Maker- A well-known variety that produces smooth medium-sized fruit 80	4.50		
1045-Mortage Lifter-Heirloom sweet rich flavored pink large 1lb crack free 80 days	4.50		
1052-Orange Hat- Extra-dwarf bush plants 6-9" are wildly prolific, great patio plant 60	4.50		
1054-Orange Jazz- Fruits are brushed with yellow stripes 10-16 oz 85 days	4.50		
1060-Patio-Hybrid dwarf 2' tall no staking 4oz fruit great in containers 70 days	4.50		
1061-Prairie Fire- Insanely sweet fruit, very kid friendly, elongated 1-3" 75 days	4.50		
1062-Pink Jazz- This beefsteak often weighs in at 1lb. and has peach overtones 85 days	4.50		
1063-Roma- Prized for its use in tomato paste and sauces 85 days	4.50		
1064-Pinapple-Heirloom yellow /red streaked flesh super sweet 2lb 78 days	4.50		
1065-San Marzano-Heirloom Italy's famous best tomato for sauces & cooking 65 days	4.50		
1066-Spoon- Mico mini fruit, said to be the world's tiniest tomato, kids love um. 65 days	4.50		
1070-Sun Sugar – Extra sweet yellow cherry good in containers 60 days	4.50		
1072-Sunrise Bumblebee- Luminous swirls of red & oranges inside the fruit & out. 60 day	4.50		
1073-Super Sweet 100- Very productive bearing long trusses of small, sweet cherries 60	4.50		
1075-Tumbling Tom -Hybrid cherry great in containers & hanging baskets 55 days	4.50		
1075-1 Tumbling Tom Yellow- Hybrid cherry sweet fruits are born abundantly 55 days	4.50		
1078-True Black Brandywine- The ultimate heirloom tomato, this is the real thing! 80	4.50		
1085-Yellow Pear- Gardeners like this variety because it's unusual and even cute 80 days	4.50		
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#### **Vegetables**

2002-Celeriac-Heirloom hardy large root has sweet crisps celery flavor good keeper 80	4.50	
2002-1 Chinese Pink Celery- The dazzling color make for real eye candy in your garden	4.50	 
2003-Cucumber-Hybrid bush type short vines full sized cukes can grow in containers 57	4.50	 
2003-1 Cucumber Lemon- This cuke has the shape, size and color of a lemon	4.50	 
2003-2 Cucumber Straight Eight- Straight eight has uniform smooth fruit	4.50	 
2004- Eggplant Black Beauty- Lustrous ebony skin and delicate creamy flesh 55 days	4.50	 
2005-Eggplant – Fairy Tale Japanese type 5" x 1" Striped delicious pale lavender 50 days	4.50	 
2008-Fennel Heirloom – Florence bulbing type delicious raw or cooked 90 days	4.50	 
2011-Garlic Chives- This lovely vegetable-herb is a staple in Asian cuisine	4.50	 
2015-Kale Lacinato – Heirloom Tuscan variety cold tolerant salads & cooked greens	4.50	 
2021-Kale Rustic Red- Cold tolerant tender & mild eye-catching color 50 days	4.50	
2026-Lettuce Heirloom – French heirloom Merveille des Quatre Saisons 48 Days	4.50	
2030-Leeks – Sweet & mild gourmet onion family for stew, soup, egg dishes 75 days	4.50	 
2034-Parsley Root-Heirloom, tops and parsley roots used in soups & stews	4.50	
2043-Big Jim Chili Pepper- This Tex-Mex chili is renowned as the largest chili pepper	4.50	
2045-Pepper – Candy Cane Chocolate Cherry- Sweet bell great color & flavor 70 days	4.50	 
2055-Pepper- Lady Bell Red Sweet uniform shape very prolific 71 days	4.50	
2060-Pepper – Sweet Banana Heirloom mild yellow, ripens to red 6" 72 days	4.50	
2062-Pepper–Jalapeno serve stuffed with seafood, meat, poultry, or cheese	4.50	
2065-Pepper – Thai Hot Very Hot Asian pepper	4.50	 
2070-Pepper – Gourmet Orange Sweet bright color intense full flavor 70 days	4.50	 
2072-Spinach Strawberry- Tolerates heat much better than the ordinary leafy plant	4.50	
2076-Squash Golden Crookneck- You will get high yields and tasty fruits	4.50	 
2077-Squash Scallop- Adorable "Flying Saucers" are a delectable table treat. 50 days	4.50	 
2079-Squash Zucchini Rampicante – Summer squash tender mild sweet tasting. 70 days	4.50	 
2080-Swiss Chard – Bright Lights multicolored stems delicious steamed	4.50	 
<u>Fruits</u>		
2480-Blueberry Top hat- Grown as a potted patio plant, self-fertile 20" Gal. Shrub	26.00	 
2490-Current Red Lake- Large clusters of bright red berries. Self-fertile Gal. Shrub	26.00	 
2500-Goji Berry – Orange/Red berries Vitamin & antioxidant rich Gal. Shrub	26.00	 
2505-Gooseberry – Sweet/Tart delicious fruit Gal. Shrub	26.00	 
2508-Honeyberry Berry Blue – Super fruit pollinator, with Gem and/or Treat. Gal. Shrub	26.00	 
2510-Honeyberry Indigo Gem – Super fruit high antioxidant & vitamin C Gal. Shrub	26.00	 
2515-Honeyberry Indigo Treat – Blue berries high antioxidant & vitamin C Gal. Shrub	26.00	 
2520-Lingonberry – Red tart fruit for jam pink flowers Gal. Shrub	26.00	 
2521-Raspberry Anne – Golden berries luscious and sweet flavor Gal. Shrub	26.00	
2523-Ground Cherry - The size of a cherry tomato, with a flavor of pineapple and tomato	6.00	 
2525-Strawberry Rainbow Treasure – Ever bearing w/red flowers	6.00	 

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Total	

3000-Basil Genovese-Heirloom favorite "sw	weet hasil" hold full flavor Annual	\$5.00
3001-Basil Red Rubin- Intense deep purple		•
3003-Basil Perpetuo – Intense basil aroma		
3005-Basil Thai Siam Queen- Decorative an	_	5.00
3015-Borage- Cucumber flavored leaves blu		
3020-Chives- Snip leaves for salads & garnis	_	5.00
3022-Chamomile-Soothing aromatic, for te		5.00
3025-Chervil- Licorice flavor great on potat		5.00
3027-Cilantro flavor favorite for salsa & Asi		5.00
3031-Dill Fern Leaf delightful pickle herb gr		
3035-Fennel – Bronze ornamental & delicio		
3040-Horseradish – Heirloom zesty hot roo		
3045-Lavender Provence – Use in sachets &		·
3050-Lemon Grass – Lemon flavoring essen		
3051-Lemon Verbena-Intense lemon flavor	_	
3055-Lovage- Celery & anise flavored leave	· · ·	5.00
3060-Marjoram Sweet – Delicate oregano I	•	
3070-Mint Mojito- Delightful warm mint fla	•	
3074-Oregano Greek-The original flavor for	_	
3075-Oregano Hot & Spicy - Intense flavor		
3080-Parsley Italian flat leaf - Leaves for ga		5.00
3082-Rosemary-Spicy woodsy herb great for		
3083-Sage-Savory herb used in stuffing sou		
3084-Sage Pineapple - Fruity addition to te		
3090-Sorrel- Red Veined tart flavor great ac		
3093-Stevia – Sugar plant non caloric swee		5.00
3095-Sweet Annie- Fragrant and attractive		hets. Ann. 5.00
3097-Sweet Woodruff- Fragrant flowers for		Perennial 5.00
3101-Tarragon- A perennial herb with a dis		eaves. 5.00
3102-Thyme English-Most familiar thyme u	ised in soups stews & roasts Perenni	al 5.00
3105-Thyme Silver Edge- Ornamental use in	n "Bouquet Garni"& "herbs de Prove	ence" Per. 5.00
3110-Thyme Spicy – Orange flavor great wi	-	
3111-Thyme Variegated Lemon-Very decor		5.00
4020-Eucalyptus- Silvery to blue green colo		sed 10.00
4022- Hummingbird Lunch- Red tubular flow	•	
4023- Luffa Sponge Gourd-Yellow flowers, 2		
4025-Mexican Sunflower- A fantastic necta		· · · · · · · · · · · · · · · · · · ·
4050-Tansey- Used by crafters as an addition		6.00
PAGE 3 TOTAL		· · · · · · · · · · · · · · · · · ·
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Send check and mail to Spring Valley Nature Club PO Box 68395 Schaumburg, IL 60168 Preorder Cutoff May 9, 2025 - Order Pick Up - May 17 & 18, 2025 10:00AM-3:00PM Thank you for your support of the Spring Valley Nature Club

#### 1974 And Beyond

Spring Valley began as a dream by one of the founders of the Village of Schaumburg, Ellsworth Meineke. Early on he referred to it as "The Spring Valley Dream." It was he who convinced the Schaumburg Park District and the Village of Schaumburg to work together to acquire and preserve land for Spring Valley. Ellsworth founded the Spring Valley Nature Club in 1974 as a not-for-profit service organization which provides volunteer and financial support for Spring Valley and promotes conservation, nature, and environmental education. The Club sponsors nature programs and teacher field trips, and members volunteer at festivals and fund raisers. We have been working hard since 1974. Won't you join us?

These words reflect the dedication that the founders felt for the purpose of the Club and the love of the natural world around us. Since the Schaumburg Park District assumed the responsibility of recruiting volunteers, Nature Club's purpose has evolved to share its love of Spring Valley by offering timely programs that reinforce a more wholesome lifestyle. We have initiated monthly educational programs that instill a comprehension of our ability to lessen our carbon footprint by reducing waste, recycling and reusing our valuable resources. Our monthly programs enlighten us to appreciate our environment and respect its fragile beauty.

We have lessened our impact on landfill waste by eliminating the mailing of our bimonthly News Leaf. We are encouraging members to attend educational programs which teach us the importance of the wildlife around us, the art of using our natural resources wisely and being more self-reliant by advising how to live a more wholesome lifestyle, grow and live more organically and become more self-sufficient.

With the kind donations and assistance from local merchants and organizations, we can exist more ecologically by shopping locally. Some of the wonderful supporters and contributors to the club have been, Roselle Ace Hardware discount coupon on purchases; Schaumburg Park District 1-day Fitness Pass; Platt Hill Nursery for their support and discount coupon at their garden centers; Holistic Art Studio discount coupon; Skincare by Carmela for their discount on services.

Our wonderful supporters have given us a way to lessen our footsteps by offering valued products and services at discounted prices while saving our energy dollars by reducing the number of miles we travel. Please support our supporters. With their help, we have been successful in raising additional funds to sponsor educational programming for our Club members, Spring Valley Volunteers, and school children and teachers from our community. We have supplied funds for books for Spring Valley's Library and have sponsored various free to the public programs and events that the Nature Center has offered.

Thanks to you all, and especially our valued Members and Supporters of Spring Valley Nature Club!

Please take time to review all the wonderful benefits we are offering to our members with their Nature Club membership. Won't you join us?

Spring Valley Nature Club is a 501(c)(3) non-profit organization, and contributions may be tax deductible. Check with your tax advisor.

#### **Spring Valley Nature Club 2025 Membership Rates**

To show our appreciation for our members' loyalty, a special benefit packet is offered to club members.

"Discount Coupon Packet" This packet will include certificates and coupons for various merchants, i.e., Platt Hill Nursery (discount on purchase), Chick-Fil-A (Free Sandwich - Schaumburg Stores only), Ace Hardware (Nerge Rd. \$5 off), Esthetics by Carmela (\$10 off any facial) and Schaumburg Park District one day fitness pass & one day pool pass.

**Special Benefit;** An invitation to the Spring Valley Volunteer/Meineke Award Picnic in August. Members in good standing by mid-July should RSVP Spring Valley at 847-985-2100.

**Free Entry to the Nature Club Programs**: Allows you to attend any of Spring Valley Nature Club monthly meetings and educational programs from February through November where you can enjoy some refreshments and camaraderie with fellow supporters of the Nature Club and the Spring Valley Volunteers.

Membership Card & Bi-monthly News Leaf: Identifies you as a supporter of the Nature Club's efforts.

**Life Membership:** In addition to the above items, this membership includes a Nature Club Commemorative Fleece Throw (\$35.00 value); this fleece throw is for **New Life Memberships Only.** 

**Current Life Members** are eligible for the Discount Coupon Packet. Any donation is appreciated and helps the Nature Club fulfill its charter to support Spring Valley Nature Center.

Your Membership Packet needs to be picked up in person at the Spring Valley Nature Center 10:00 - 4:00 daily. Any member may have the membership packet mailed to them for a handling fee of \$2.00

#### Yearly Memberships Begin February 1st through January 31st

Senior 55 Plus	\$15.00	
Individual	\$20.00	
Family	\$30.00	
Supporting	\$40.00	
Life	\$200.00	
Sponsor	\$1000.00	
Senior - Individual – Far		
Name	·	

Checks should be made payable and mailed to: Spring Valley Nature Club - 1111 East Schaumburg Road, Schaumburg, IL 60194